



DART Prevention Coalition

Taking Aim at Substance Use in Ocean County

Safe Medication Storage

Know the Poison Control Number

1-800-222-1222

In case of an accident, call poison control.

You can also go to **webpoisoncontrol.org**



Store Medication in a Locked Cabinet

It is safest to store medication in a locked area to prevent others from gaining access accidentally or on purpose.

Store Medication Up, Away and Out of Sight

The safest place to store medication is up, away and out of sight from others, especially children.



Put Medication Away After Each Use

Medication should not be left out. Ensure that you return it to its safe storage spot after every use.



Store Medications in their Original Packaging

Keep medication stored in its original packaging, so you know which medication you are taking.

RWJBarnabas
HEALTH

**Institute for
Prevention
and Recovery**



DART Prevention Coalition

Taking Aim at Substance Use in Ocean County

Safe Medication Storage

Keep Track of the Amount of Pills in Each of Your Medications

Monitor your prescribed pills to catch a possible missed dose or any potential misuse.



Medications Should Be Stored in a Cool, Dry Place

All medications have safe temperature storage instructions. Most medications should be stored at 59 degrees F to 77 degrees F.



Check to See if Medications Are Expired

It is important to know if your medication is expired. Expired medications can lose their potency, efficacy or safety and should be discarded.

Need to Dispose of Medication?

If your medication is expired, or you have medication that you no longer need, please **scan the QR code** for a list of Ocean County Medication Drop Boxes.



Resources

CDC Prescription Safety

cdc.gov/wtc/prescriptionsafety.html

Always check with your doctor or pharmacist if you are unsure about something.